

Anne Villano: BFA, MSW, LCSW

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Education

SIMMONS UNIVERSITY M.S.W. GPA: 3.98	Boston, MA Oct. 2022
THE COLLEGE OF SAINT ROSE B.F.A Graphic Design	Albany, NY Jun. 2011

Career Objective

Emerging military spouse mixed media artist utilizing artistic skills to bring creative therapies to the refugee and military communities through the development of clinical art programs. Seeking to exhibit personal artwork in which a portion of the funding helps bring art supplies to the creative programs developed.

Exhibitions, Interviews, and Publications

- 2023 Group Exhibition, *Strike a Pose*, The Cultural Center of Cape Cod, Yarmouth port, MA
- 2022 Group Exhibition, *Members and Teacher Show*, Cotuit Center of the Arts, Cotuit, MA
- 2022 Simmons University, *Student Story*, digital interview and email feature, Centerville, MA
- 2022 Armed Forces Insurance, *2022 Hanscom AFB Military Spouse of the Year*, Centerville, MA
- 2022 Inspired Women Podcast, *Art Therapy and the Refugee Community*, podcast interview, Centerville, MA
- 2022 Group Exhibition, *What's Your Story? An Anthology*, Storyteller's Alliance, digital exhibition, Joint Base MDL, NJ
- 2021 Spouse-ly Interview, *From Impossible to I'm Possible*, podcast interview, Centerville, MA
- 2021 Spouse-ly Interview, *Featured Artist Interview*, digital video interview, Joint Base MDL, NJ
- 2021 The Sunday Sunshine, *Artist Journal Feature*, blog interview, Joint Base MDL, NJ
- 2020 Dependent.blog, *Featured Milspouse*, blog interview, Joint Base MDL, NJ
- 2020 Stars & Stripes, *Military Spouse Entrepreneurs*, photograph feature, Joint Base MDL, NJ
- 2020 Legacy Magazine, *Finding Strength in Vulnerability*, writing and artwork, Joint Base MDL, NJ
- 2020 Legacy Magazine Vol. V, *Courageously Vulnerable*, writing and artwork, Joint Base MDL, NJ
- 2020 Legacy Magazine Vol. VI, *Be the Person who Bridges the Divide*, writing and artwork, Joint Base MDL, NJ
- 2020 The Choosing Brave Podcast, *Courageously Vulnerable with Anne Villano*, podcast interview, Joint Base MDL, NJ
- 2020 Inspired Women Podcast, *Art and Bipolar Depression*, podcast interview, Joint Base MDL, NJ

Professional Experience

RIVERVIEW STUDIO ARTS WORKSHOP: RISE & SHINE PROGRAM Art Teacher <ul style="list-style-type: none">Teaching art techniques to at risk youth at the Cultural Center of Cape Cod	South Yarmouth, MA April. 2023 – present day
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- Reference: Diane Giardi, dgiardi@cultural-center.org

THE INTERNATIONAL RESCUE COMMITTEE DALLAS, TX

Remote

Mental Health Intern

Nov. 2021 – Oct. 2022

- Conducted client outreach calls and clinical program development using appropriate interpretation through cultural brokers.
- Provided clinical mental health care weekly and in crisis
- Developed and facilitated clinical creative support group for Afghan refugees and asylum seekers: Salamati Rohi
- Designed and illustrated digital materials for creative support groups
- Conducted intake screeners for post-traumatic stress disorder, anxiety, depression, and suicide risk.
- Performed data entry for grant requirements, documenting case notes, and coordinating effectively with other staff working on the same cases.
- Conducted program evaluation and client surveying

ANNE VILLANO ART

Joint Base MDL, NJ & Centerville, MA

Owner & Artist

Apr. 2018 – present day

- Establishing volunteer projects, artist portfolio, blog, and ecommerce platform to assist in advocacy for creative therapies for the refugee and military communities
- Producing artist collections for gallery shows and local art shows
- Advocated for mental health and utilized personal mental health journey with bipolar depression with multiple podcast interviews
- Published writing and artwork multiple times in [Legacy Magazine](#).
- Artwork selected for *Strike a Pose 2023* exhibition at the Cultural Center of Cape Cod
- Artwork accepted for *Members Show 2022* at Cotuit Center of the Arts

PAINTING WITH A TWIST

Oklahoma City, OK

Studio Manager and Instructor

Apr. 2014 – Oct. 2015

- Managed five instructors, booked painting parties, and taught adult painting classes
- Created new designs for nationwide database
- Organized charitable painting events contributing up to \$1,000 to local community organizations
- Responsible for ensuring finances were deposited, shipments, and materials ordered and paid accordingly

GRAPHIC DESIGNER

Oklahoma City, OK

HomeWetBar.com

Jul. 2014 – Nov. 2014

- Designed customizable artwork for three dimensional objects to include flasks, signs, bar tools, email campaigns and social media platforms
- Prepared files to meet print shop standards to include mockups, samples, and color corrections
- Collaborated with creative team and owner to ensure products met brand standards

ART ASSISTANT

Las Vegas, NV

Orbus Exhibit & Display Group

Jul. 2013 – Mar. 2014

- Designed customizable artwork for three dimensional objects to include flasks, signs, bar tools, email campaigns and social media platforms
- Responsible for trouble shooting issues regarding quality artwork, preflight files, and client relations
- Helped to archive and organize all materials for projects and maintained schedules for deadlines for hundreds of thousands tradeshow exhibits
- Communicated with clients daily to ensure projects are being completed according to schedules and specifications
- Maintained and organized the FTP (for the printer) site

JUNIOR WEB DESIGNER

Austin, TX

Volusion Inc.

Apr. 2012 – Jan. 2013

- Designed customizable artwork for three dimensional objects to include flasks, signs, bar tools, email campaigns and social media platforms
- Responsible for trouble shooting issues regarding quality artwork, preflight files, and client relations

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Public Service & Volunteerism

YESTERDAY, TODAY, TOMORROW

Remote & Centerville, MA

U.S. Clinical Program Development Team Lead

Dec. 2021 – present day

- Assisting in establishing organization legally in the U.S. for the first time.
- Introducing and designing marketing materials to aid in facilitations of clinical support groups using Canva and Adobe Photoshop/Illustrator.
- Designing clinical versions of creative groups to ensure program meets U.S. clinical research and ethical standards
- Adapting program focus from refugee camps to destination cities in the U.S.
- Communicating with interpreters and cultural brokers from local communities to train and develop unique versions of clinical program.
- Seeking local community-based funding pursuing creative fellowships and grant opportunities.

CIRCLE SESSIONS ON MENTAL HEALTH

Remote & Joint Base MDL, NJ

In partnership with Invisible Combat

May 2021 – present day

- Partnered with Invisible Combat to bring a free virtual mindfulness painting event to women veterans and their families around the world.
- Utilizes the art of painting a circle to teach various evidence-based clinical coping skills such as grounding, box breathing, evoking the senses, and psychoeducation of how the brain is affected by trauma.
- Dedicated to trauma-informed care to help clients navigate systemic issues within the women's veteran community, empowering individuals' who experience trauma in military culture and connect those with similar experiences and passions.

The Military Mental Health Mural

Joint Base MDL, NJ

Anne Villano Art

Mar. 2021

- Designed and painted large mural, 5' x 7', acrylic, oil, pastel, and collage on canvas.
- Invited military community members who have struggled with mental health to submit portraits
- Depicted military active duty servicemembers and their families who were in a place to put faces to the statistics of military mental health.
- Interviewed a few participants and shared stories on personal website and social media handles with consent

Relevant Skills: Mixed media, Canva, Adobe Photoshop, Adobe Illustrator, Adobe InDesign