

## Anne Villano

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### Education

#### SIMMONS UNIVERSITY

M.S.W. GPA: 3.98

Boston, MA

Oct. 2022

#### THE COLLEGE OF SAINT ROSE

B.F.A. Graphic Design

Albany, NY

Jun. 2011

### Awards & Certifications

- LCSW, Jurisdiction: MA, 136854701
- 2022 AFI Hanscom AFB Military Spouse of the Year
- Skills for Psychological Recovery Certified 2021
- Trauma Focused CBT Certified 2020
- VA DOD PTSD 101: Cognitive Processing Therapy 101 Completed 05/05/22

### Public Service & Volunteerism

#### YESTERDAY, TODAY, TOMORROW

##### U.S. Clinical Program Development Team Co-Lead (part-time, ~10hrs/wk)

Remote & Centerville, MA

Dec. 2021 – present day

- Assisting in establishing organization legally in the U.S. for the first time.
- Designing clinical versions of creative groups to ensure program meets U.S. clinical research and ethical standards
- Adapting program focus from refugee camps to destination cities in the U.S.
- Communicating with interpreters and cultural brokers from local communities to train and develop unique versions of clinical program.
- Seeking local community-based funding pursuing creative fellowships and grant opportunities.
- Introducing and designing marketing materials to aid in facilitations of clinical support groups using Canva and Adobe Photoshop/Illustrator.

**Reference:** Bryan McCormack, Founder, [yttassociation.org](http://yttassociation.org), [yesterdaytodaytomorrowbmc@gmail.com](mailto:yesterdaytodaytomorrowbmc@gmail.com)

#### CIRCLE SESSIONS ON MENTAL HEALTH

##### Art and Meditation Teacher (time dependent of funding)

Remote & Joint Base MDL, NJ

May 2021 – present day

- Partnered with Invisible Combat to bring a free virtual mindfulness painting event to women veterans and their families around the world.
- Utilizes the art of painting a circle to teach various evidence-based clinical coping skills such as grounding, box breathing, evoking the senses, and psychoeducation of how the brain is affected by trauma.
- Dedicated to trauma-informed care to help clients navigate systemic issues within the women's veteran community, empowering individuals' who experience trauma in military culture and connect those with similar experiences and passions.

**Reference:** Danitza James, COO & Co-Founder, [invisiblecombatops@gmail.com](mailto:invisiblecombatops@gmail.com), [www.invisiblecombat.com](http://www.invisiblecombat.com)

### Experience

#### RIVERVIEW STUDIO ARTS WORKSHOP: RISE & SHINE PROGRAM

##### Art Teacher

South Yarmouth, MA

April. 2023 – present day

- Teaching art techniques to at risk youth at the Cultural Center of Cape Cod
- Reference: Diane Giardi, [dgiardi@cultural-center.org](mailto:dgiardi@cultural-center.org)

#### THE INTERNATIONAL RESCUE COMMITTEE DALLAS, TX

##### Mental Health Intern, (part-time, ~24hrs/wk)

Remote

Nov. 2021 – Oct. 2022

- Completed client outreach calls and clinical program development using appropriate interpretation through cultural brokers.
- Provided clinical mental health care weekly and crisis intervention

## **Anne Villano**

- Developed and facilitated clinical creative support group for Afghan refugees and asylum seekers: Salamati Rohi
- Designed and illustrated digital materials for creative support groups
- Conducted risk assessment intake screeners for post-traumatic stress disorder, anxiety, depression, adjustment disorders and passive/active suicide risk.
- Performed data entry for grant requirements, documenting clinical interactions, and collaborated effectively with other staff working on the same cases promoting team building and mutual staff development..
- Conducted counseling program evaluation and client surveying to ensure programs met cultural, ethnic, educational and socioeconomic needs of participants

### **References:**

Chaundra Merrell, LCSW, Mental Health Director and Intern Supervisor, (972) 765-2855, [chaundra.finley@gmail.com](mailto:chaundra.finley@gmail.com)

Rebecca Palomar, MSW, Sr. Health & Wellness Associate-Mental Health Dept., [rebecca.palomar@rescue.org](mailto:rebecca.palomar@rescue.org)

Beatriz Castro, LCSW, Behavioral Health Specialist, (480) 241-4072, [beatriz.castro@axispointhealth.com](mailto:beatriz.castro@axispointhealth.com)

### **ANNE VILLANO ART**

Joint Base MDL, NJ & Centerville, MA

#### **Owner & Artist (part-time, ~16hrs/wk)**

Apr. 2018 – present day

- Establishing volunteer projects, artist portfolio, blog, and ecommerce platform to assist in advocacy for creative therapies for the refugee and military communities
- Producing artist collections for gallery shows and local art shows
- Advocated for mental health and utilized personal mental health journey with bipolar depression with multiple podcast interviews
- Published writing and artwork multiple times in *Legacy Magazine*.
- Artwork selected for *Strike a Pose 2023* exhibition at the Cultural Center of Cape Cod
- Artwork accepted for *Members Show 2022* at Cotuit Center of the Arts

### **PAINTING WITH A TWIST**

Oklahoma City, OK

#### **Studio Manager and Instructor (full-time, 40hrs/wk)**

Apr. 2014 – Oct. 2015

- Managed five instructors, booked painting parties, and taught adult painting classes
- Created new designs for nationwide database
- Organized charitable painting events contributing up to \$1,000 to local community organizations
- Responsible for ensuring finances were deposited, shipments, and materials ordered and paid accordingly

### **GRAPHIC DESIGNER**

Oklahoma City, OK

#### **HomeWetBar.com (full-time, 40hrs/wk)**

Jul. 2014 – Nov. 2014

- Designed customizable artwork for three dimensional objects to include flasks, signs, bar tools, email campaigns and social media platforms
- Prepared files to meet print shop standards to include mockups, samples, and color corrections
- Collaborated with creative team and owner to ensure products met brand standards

### **ART ASSISTANT**

Las Vegas, NV

#### **Orbus Exhibit & Display Group (full-time, 40hrs/wk)**

Jul. 2013 – Mar. 2014

- Designed customizable artwork for three dimensional objects to include flasks, signs, bar tools, email campaigns and social media platforms
- Responsible for trouble shooting issues regarding quality artwork, preflight files, and client relations
- Helped to archive and organize all materials for projects and maintained schedules for deadlines for hundreds of thousands tradeshow exhibits
- Communicated with clients daily to ensure projects are being completed according to schedules and specifications
- Maintained and organized the FTP (for the printer) site

### **JUNIOR WEB DESIGNER**

Austin, TX

#### **Volusion Inc. (full-time, 40hrs/wk)**

Apr. 2012 – Jan. 2013

- Designed customizable artwork for three dimensional objects to include flasks, signs, bar tools, email campaigns and social media platforms
- Responsible for trouble shooting issues regarding quality artwork, preflight files, and client relations

### **Anne Villano**

- Helped to archive and organize all materials for projects and maintained schedules for deadlines for hundreds of thousands tradeshow exhibits
- Communicated with clients daily to ensure projects are being completed according to schedules and specifications
- Maintained and organized the FTP (for the printer) site